

THEIR LIVES AREN'T EASY

Decision- an eight letter word that we utilize thousands of times every day. From our earliest waking hours of deciding whether to get out of bed or hit the snooze, what to wear, what to eat, which direction to drive...virtually everything we do is based on a decision we make. But some decisions are more life-changing than others. It is important that those decisions we make that directly affect other people's lives are based on accurate knowledge and the virtues of faith, hope and love.

During the past few months, our Director, Ellen Cavallo, has been conducting a parenting support group at one of the local high schools. There are five teenage moms and two dads, who attend this eight week program. Each with his or her own story, each with his or her own set of problems and each with a baby! The program was established to provide them with the tools necessary to make good, responsible decisions for their babies and for their own futures.

Like all typical teenagers, these seven individuals are working on successfully completing high school and getting their driver's licenses, but they also take on the responsibility of raising a child. Some of these young men and women leave school and go to their jobs before heading home to their next "full time job" of being a parent. One of the babies was born with a birth defect, and this group has bonded together to provide support and comfort as the young mom struggles to make proper medical decisions and deal with the emotional stress.

The decision to have the child was already made, but Carolyn's Place understands that our ministering goes beyond that decision. The life of the mother, the father and the baby will all be permanently affected and they need more than just diapers and a crib to succeed. They need direction and sound moral support to provide them with the skills to make good and loving decisions for their growth and future. We provide them with parenting skills necessary to help raise their babies responsibly while providing them with strength and knowledge to empower them to make healthy choices for their young lives. Additionally, the program provides the young parents with an opportunity to ask questions and voice concerns and fears as they are plunged into adulthood at a young age. The program has pulled together seven students of different ages, background and interests, and through discussion and sharing has created a bond with both Carolyn's Place and amongst themselves.

"Their lives aren't easy," Director, Ellen Cavallo said, "but they never complain and always come to class with a smile. Many of us can learn from them."

Mission Statement

**"Love one another"
(John 13:34)**

Carolyn's Place Pregnancy Care Center is a ministry committed to empowering individuals, through education, comfort, and assistance, to make life choices related to their sexuality and child-bearing consistent with the sanctity of human life.

Meet the Carolyn's Place Family

We would like to introduce our Board of Directors and Staff. It is because of your faithful support that we are able to continue working for this important ministry.

Father Robert Rousseau, the *Founder of Carolyn's Place* has been a key leader since Carolyn's Place's beginning in 1992. He became the Pastor of Saint Augustine Church in North Branford in June of 2006. Previously, he was Pastor at Saint Ann Church in Bristol and Pastor of St. John the Evangelist Church in Watertown where baby Carolyn was found and where Carolyn's Place was established. Father Rousseau holds a Master's of Divinity Degree and a Master's in Pastoral Counseling.

Virginia (Ginny) Baudinet, our *Vice Chairman* of the Board has been active with Carolyn's Place since its beginning in 1992. During this time, her volunteer work has included phone consultation, fundraisers and development, serving as a representative at community events, three years as Chairman of the Board, and other activities. Ginny holds a Bachelor of Science in Education from SUNY Geneseo and a Master's Degree from the University of Virginia in Special Education. She taught special education in New York, Arizona and Wisconsin until leaving to raise five children. Ginny, her husband and children are members of Saint John the Evangelist Parish in Watertown.



Jerry Brennan and Fr. Robert Rousseau

Jerome (Jerry) Brennan, a pro-life coordinator at his parish for over eight years, joined Carolyn's Place Board in June of 2006 and is currently the *Chairman* of the Board. He currently directs finance, administration and marketing at a regional nonprofit organization providing occupational services for people with disabilities. Previously, Jerry held leadership positions at SNET/AT&T and The Hartford Financial Services Group. He earned a Bachelor of Science Degree from Southern Connecticut State University and Master's Degrees in Business and Planning from New York University and Rensselaer Polytechnic Institute. Jerry, his wife and their two daughters are members of the Church of the Epiphany in Cheshire.

Christine Kasinskas joined the Board of Directors of Carolyn's Place in October of 2008, and is currently the *Secretary*. She is an assistant professor of Physical Therapy at Quinnipiac University and has a strong interest in public health. She holds a Doctoral Degree in Physical Therapy from Simmons College in Boston. Chris has past experience serving on various Boards including acting as Chairman of the State Board of Examiners for Physical Therapy and as a member of the Chapter Services Committee of the Connecticut Chapter of the Multiple Sclerosis Society. She is active at her parish, the Church of the Epiphany in Cheshire, as a Eucharistic minister. Chris and her husband John have one daughter, Kaitlyn.

Holly Leone joined the Board in January 2011 after following and supporting Carolyn's Place since the mid 90's. Holly has a Bachelor's degree in Psychology from Manhattanville College, a Master's in Elementary Education from University of Bridgeport and has completed several Master's level courses in Social Work. She has extensive experience in the social service community in the Greater Waterbury area with a most recent emphasis on non-profit development and fundraising. Holly is married to Dr. Vincent Leone and lives in Wolcott with her two daughters. They are active members of Saint Maria Goretti Parish.

Rosemary McBrien joined the Board in January of 2011. Rose moved to the area in 2006 from Westchester County, NY where she served as the Residence Director for Pregnancy Care Center's Elinore Martin Home for Mother and Child for 10 years. Rose received her Bachelor's Degree in Social Work from Iona College and her Master's in Social Work with an emphasis on Early Childhood Development from Fordham University. Rose is currently an active volunteer for the Visiting Nurse Service of New Haven, providing support and guidance to new mothers. She is also active as a volunteer and consultant for the Pregnancy Care Center in Westchester, NY. Rose and her husband Tim live in Oxford and attend St. Augustine's Church with their two young daughters, Shannon and Ciara.

John Ryng joined the Board in April of 2008. He is an ardent supporter of the pro-life cause. John is a supervising accountant with the State of Connecticut Department of Transportation and is on the governing board of his local union. John earned a Bachelor of Science Degree from the University of Connecticut. He and his wife are active members of Saint Ann Parish in Bristol. They have four children.

Raul Santiago joined the Board in August of 2010. He has been a friend and supporter of Carolyn's Place since it was located in Watertown in the early 1990's. Raul holds a Bachelor's degree in Theology from Holy Apostles College and Seminary in Cromwell, CT. He has been involved in Youth Ministry since his conversion and return to the Church in 1975. Raul and his wife have been the coordinators of the Confirmation program at their parish since 2003. Raul and his wife have two daughters and a son. They are all members of Sacred Heart/Sagrado Corazon Parish in Waterbury.

Shaun Slocum joined the Board of Directors in March 2011. He has previous governing board experience with Catholic Family Services of Meriden, Wallingford Boys and Girls Club, the Cheshire Land Trust and the Boy Scouts. Shaun is a Bachelor of Arts graduate of Fairfield University and holds his Juris Doctor Degree from the University of Bridgeport School of Law. He has been engaged in the private practice of law since 1981. Shaun has past experience as a parish council member and parish pro-life coordinator with his wife at their former parish. They and their youngest son are members of The Basilica of The Immaculate Conception parish in Waterbury where he currently serves as Chairman of the Alliance of The Two Hearts Vigil and Home Enthronement Program and Chairman of the Stewardship Committee. He and his wife have three sons and three grandchildren.

M. Jane Teta joined the Board in September of 2008 and has been an active supporter of Carolyn's Place since 2003. Jane has served as Board liaison for Education and Outreach and serves on the Annual Dinner Committee. Jane's first career was as a high school mathematics teacher. She is currently a Health Scientist with 30 years experience in research and consulting and also has extensive management and communication experience. She holds a Doctorate in Epidemiology and a Master's Degree in Biostatistics from Yale University. She has served on the Boards of the Union Carbide Foundation and the Environmental Literacy Council. She is a member of Our Lady of Mount Carmel Church. Jane has raised four children and now has 11 grandchildren.

Barbara Theriault, our *Treasurer*, has served on the Board since March of 2002 and has been a past chairperson as well. Barbara has been with Adams Samartino & Co., PC, a Certified Public Accounting firm in Bristol for over thirteen years. Her expertise has allowed her to manage the bookkeeping needs for Carolyn's Place. Barbara has also worked in the insurance industry and holds a Nursing Assistant Certification with significant experience in ministering to the elderly. She and her husband are members of the St. Matthew's Church in Forestville and have a daughter and two sons, as well as three granddaughters.

STAFF

Ellen Cavallo was on the founding committee of Carolyn's Place. She brings over thirty years of pro-life experience to her job as the Director of Client Services and Center Operations. She holds a certificate in Options Consulting from Heartbeat International and completed the training as an Adoption Specialist with National Council for Adoption. Ellen graduated from the LPN program at St. Francis Hospital in Hartford, CT. Her nursing background is in Hospital Emergency Care and the Intensive Care Unit. Ellen is a Third Order Franciscan. She is the mother of three daughters and has six grandchildren.



Ellen Cavallo and Melanie Dobos

Melanie Dobos joined the Carolyn's Place family in January of 2011. She holds the position of Administrative Assistant and Events Coordinator. Melanie graduated from Southern Connecticut State University with a Bachelor's Degree in Information and Library Science. Melanie has personal experience with adoption which makes her sensitive to the issues that we help young mothers with every day. Melanie and her husband, Geoffrey, are members of the Covenant Church of Thomaston.

Eileen Bianchini joined Carolyn's Place in the spring of 2010 to assist with the expansion of our Outreach Initiative. Eileen comes to us with an Associates Degree in business from Nassau Community College in New York and has over 20 years work experience in marketing and business development in the corporate world. Eileen also has years of expertise and knowledge in the pro-life arena. She helped to establish, and is the current Chairperson of the Gospel of Life Society and also Chairs the Connecticut Right to Life Corp. Eileen is the mother of one son, David and is a member of St. Mary Church in Norwalk.

Thank You

HANDY TO HAVE AROUND

Carolyn's Place has been blessed with a group of skilled men who have formed a "Handyman Committee." They donate their time and talents to help us around the Center with many needed jobs such as carpentry jobs, painting and crib assembly. Thank you to Ray Crawford, Charles Linck, Frank Mirovsky and Matthew Troiano for being a part of this invaluable committee and sharing your many talents.

If you are interested in joining this group please contact Carolyn's Place at 203-597-9050



Charles Linck builds a pantry cabinet at Carolyn's Place.



A Generous Response

We are sincerely grateful for the generous response we have had to our request for new cribs. Thank you to the following people who donated to help us provide safe cribs for the families we serve.

Ms. Marian Pelletier

Mr. and Mrs. Thomas Cruess

Ms. Diane Goulet

Ms. Ginette Paradis

Mr. and Mrs. Louis Pontillo, Jr.

Mr. and Mrs. Robert Skinner

Mr. and Mrs. Armand Solomita

Mr. and Mrs. Mark Tidgewell

Ms. Marlene Yoemans

Ms. Francine Zottoli

Thank you so much!



Grateful for the Giving Tree

Thank you to **St. Ann's Church in Bristol** for the gifts that they collected from their Advent Giving Tree. Thank you for all the baby items you collected and especially for the gift cards which help our moms with some food needs. Our families are truly grateful!



Super Spring Intern

We are pleased and blessed to have Amber Clark join us for a few months as she does her internship at Carolyn's Place. During her time with us Amber has completed our training to be a phone consultant and assists with various tasks around the Center including working in the Personal Needs room, organizing and cleaning while also learning valuable skills on how to interact with clients and other volunteers. Amber is currently enrolled in the Human Services program at Naugatuck Valley Community College and is pursuing an Associates Degree. Amber's goal is to be an advocate for women and children.

Give a Gift for Life

Give an alternative gift that saves lives...Send a donation to Carolyn's Place in honor of someone for a Birthday, Wedding, Anniversary, Friendship, Get Well, Sympathy or any special occasion and we will send them a beautiful, personalized card acknowledging your donation and celebration of the occasion. Give a gift wrapped in love not in tissue paper.



An Easter Prayer for Life

Lord Jesus Christ, You are the Author of Life, Who died and now lives furthermore.

May we who work and pray that children in the womb may be protected, always draw strength, confidence, and joy from Your victory over death.



For You are Lord forever and ever.

Amen

Did You Know?



Nearly half of pregnancies among American women are unintended, and four in 10 of these are terminated by abortion. (Guttmacher Institute)

IF YOUR PARISH OR ORGANIZATION WOULD LIKE TO SPONSOR A BABY BOTTLE BOOMERANG:



- Purchase, or borrow from us, a sufficient number of baby bottles for your parish or organization.
- Distribute a baby bottle to anyone interested in participating.
- Ask them to fill the bottle with spare change.
- Have everyone return the filled bottle at the end of a specified time period. (Usually about 3 to 4 weeks.)
- Total the donations, and send one check to Carolyn's Place, Inc.
- Return borrowed bottles to Carolyn's Place, or save your purchased bottles and reuse for a future boomerang.



Spring 2011 Wish List & Thank You!

(If you can help with any of these items, new or used, please contact us at (203) 597-9050.

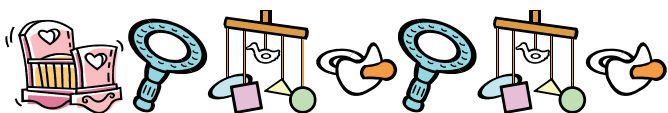
ITEMS NEEDED: New Cribs (without drop-down sides), Adding Machine, 4 drawer upright file cabinet with lock, Printer Paper, Home Depot gift card, Staples gift card, 100 Watt light bulbs.

We are sincerely grateful for the donations we received from our Winter Newsletter. Thank you to June Archer for her donation of a Staples gift card and thank you to all those assisting with our drive for new cribs (See page 4).



From Ellen's Desk

Recently I had an appointment with an "old friend" of Carolyn's Place. We were there for her several years ago when she needed support. Every once in a while, when life overwhelms her, she comes in. She struggles daily with mental health issues and lacks so many of the gifts you and I have. At this particular appointment she handed me a journal which she had purchased with her meager state check. The words she wrote are written indelibly on my heart. This "old friend" reminded me of the privilege of serving all those who come to Carolyn's Place. What lessons we can learn! It is as Mother Teresa so often said, "It is in the poorest of the poor that we see the face of Christ."



Reminder: Crib Donations

Due to new legislation passed by the Consumer Product Safety Commission, we will no longer be able to gift cribs with drop-down sides to our clients. We appreciate all past donations, but because of this new law, we will no longer be able to accept donations of cribs with drop-down sides. However, we can still accept donations of crib mattresses that are in excellent condition.



Book Review

Unplanned

by Abby Johnson

Published Jan. 2011



"...Join Abby as she reveals her full story for the first time in *Unplanned*: a heart-stopping personal drama of life-and-death encounters, a courtroom battle, and spiritual transformation. Abby's unique vantage point from both sides of the abortion clinic property line shines light and compassion into the political controversy that surrounds this issue. For anyone who cares about the life-versus-rights debate and helping women who face crisis pregnancies, *Unplanned* is a must-read." (bn.com)

Prayer for Mothers

Gracious Father, You gave us Your Son, born of a woman, Mary, who is a model for all mothers. By the power of the Holy Spirit, she conceived Jesus, bore Him in her womb for nine months, gave birth to Him and raised Him with the help of her spouse, Joseph. As a loving Mother, she accomplished Your will, remaining united with Jesus even as He suffered on the cross and died for our sins.

Loving Father, help all mothers to follow the example of Mary in doing Your will. Aid them in seeing human life as a precious gift from You and a manifestation of Your will. Give them a generous spirit to be willing to sacrifice for the sake of their offspring. Fill their hearts with joy as they watch their children grow, and give them strength and consolation when they see them suffer. Help mothers to be examples of faith, hope and charity, so their children will grow to Christian maturity. Help them know that their children are Yours.

Mary, Mother of God and our Mother, pray for all mothers, so that they will be able to fulfill their maternal responsibilities. Help them to be lovers and nurturers of all human life from the moment of conception until natural death, all the while being examples for their own children. Pray for their children, so that they, too, will be faithful followers of Your Son.

We offer these prayers in Jesus' name, in the union with the Holy Spirit, one God forever and ever. Amen

Happy Mother's Day!



2010 - 2011 Membership Drive (as of March 21, 2011)

Cornerstone Circle		Patron		Guardian		Guardian	
Mr.Mrs. Michael	Basil Jr.	Mr.Mrs. David	Hampel	Ms. Janice	Curley	Mr. Robert L.	Stephens
Mr.Mrs Stanley	Sypek	Rev. & Mrs. Charles	Harmon	Ms. Patricia	Dalton	Mr.Mrs. Martin	Stokes
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		Mr.Mrs. John	Kasinskas, III	Mr. Martin	DiVito	Mr.Mrs. Frank	Strelchun
	Pillar	Ms. Margherita	Koneazny	Mrs. Eileen	Durkin	Mrs. Maria M.	Thompson
Mr. Mrs. Vincent	Capece Jr.	Mr.Mrs. Raymond	Kozlowski	Mr.Mrs. Thomas	Dwyer	Rev. Robert	Tucker
Mr.Mrs. Raymond	Donohoe	Dr. & Mrs. Vincent	Leone	Dube Electric Company, Inc.		Mr.Mrs. Gerald	Turcotte
Mr.Mrs. Robert	Langenbach	Rev. Joseph	Looney	Ms. Lillian	Foley	Mr.Mrs. Thomas	Upson
Rev. Robert	Rousseau	Mr.Mrs. Andrew	Mailhot	Mr.Mrs. Jean L.	Fortin	Mr.Mrs. Armand	Vagnini
		Mr.Mrs. Mark	Malaspina	Mr.Mrs. Robert	Frazer	Ms. Florence	Valerio
	Protector	Mr.Mrs. Brian	Maloney	Mrs. Patricia	Goggin	Mr. Mrs. Ronald	Vitarelli
Anonymous	2	Mr.Mrs. Marcel O.	Massicotte	Mr. Julius	Granata	Mr. Timothy	Watkins
Mr.Mrs. Philip	Baudinet	Mr.Mrs. Ronald	Maurice	Ms. Kathleen	Grisgrabber	Mr. Thomas K.	Wetmore
Mr.Mrs. Jerry	Brennan	Mr.Mrs. Michael	McCormack	Mr.Mrs. Gary	Johnson	Mrs. Nancy	Williams
Most Rev. Daniel	Cronin	Mr.Mrs. Victor	Mingrone	Mr.Mrs. Thomas	Kenney	Mrs. Joanne	Zipoli
Ms. Diane	Goulet	Mr. Frank J. Mirovsky & Ms. Elizabeth Adlor		Mrs. Hazel	Kidulas	Miss Francine	Zottoli
Mr. Robert	Ratchford	Mr.Mrs. John	Moriarty, Jr.	Mr.Mrs. Thomas J.	Kisatsky		
Atty Mrs. Paul	Shea	Mrs. Dorothy	Morrissey	Ms. Deborah	Klik		
Mr.Mrs Wesley	Wensek	Mr.Mrs. Brian	Murphy	Mr.Mrs. John	Kotchian		
Mrs. Maureen	Williams	Mr.Mrs. Wayne	Oliver	Mr.Mrs. Richard	Kramer		
		Deacon & Mrs. Ernest	Pagliari	Mr.Mrs. Gary	LeMay		
	Patron	Msgr. Daniel	Plocharczyk	Mr.Mrs. Charles W.	Linck		
Anonymous	11	Mr. James	Proe	Mrs. Rosemary	Luddy		
Miss June	Archer	Mr.Mrs. Doug	Quaintance	Mrs. Andree	McColgan		
Mr.Mrs. Donald	Arnauckas	Mrs. Jacqueline	Ritacco	Mr. Robert J.	McGarry		
Ms. Charlene	Berube	Mr.Mrs. John	Ryng	Ms. Patricia A.	McKinley		
Mr.Mrs. Ronald	Boisvert	St. Anthony Church		Ms. Mary	McMahon		
Mr.Mrs. Richard	Burns	St. Mary's Church		Miss Dorothy	McPhee		
Deacon & Mrs. Daniel	Camerota	Mr.Mrs. Michael	Sexton	Mr.Mrs. Michael	Macioci		
Mr.Mrs. John	Charbonneau	Mr.Mrs. Robert	Skinner	Ms. Deborah	Mahon		
Mr.Mrs. Gabriel	Ciarleglio	Mr. Harold P.	Smith	Mr.Mrs. Carmen	Marottolo		
Mrs. Gloria	Colonero	Mr.Mrs. George J.	Strobel, Sr.	Mrs. Kathryn	Maselli		
Mr.Mrs. Robert	Colucci	Ms. Susan Suhr &	Miss Marina Viale	Ms. Patricia C.	Miele		
Mr.Mrs. Francis	Danahy	Mr.Mrs. U.H.	Warner	Mr.Mrs. Michael	Morton		
Mr.Mrs. Joseph	Danielowski	Ms. Carol	Williams	Mr.Mrs. Stephen	Mulhall		
Mr.Mrs. Richard	Dayton	Mr.Mrs. Kevin	Zupkus	Mr.Mrs. G.	Murdock		
Mrs. Adele	DeFrancesco			Ms. Elizabeth	Nanna		
Mr.Mrs. Gerald G.	DePolo		Guardian	Mr. Maurice F.	Noonan		
Dymar		Anonymous	15	Mr.Mrs. Ronald	Pearsall		
Frank, Rosa, Theresa	Dziubek	Mrs. Alvira	Ambrose	Mr.Mrs. David	Porto		
Miss Elizabeth	Dzurnak	Miss Darlene	Baer	Ms. Dora	Proe		
Dr.Mrs. John	Elser	Ms. Annette	Babarik	Mr.Mrs. John	Roberto		
Ms. Debra	Farren	Ms. Claire	Barlow	Mrs. Helga	Roegele		
Ms. Marjorie	Farren	Ms. Rita	Bendler	Mr.Mrs. Mark	Ryan		
Mr.Mrs. William	Finn	Mr.Mrs. Francis	Boilard	Ms. Lorraine	Sazama		
Mrs. Lillian	Fleckenstein	Ms. Catherine	Boulay	Ms. Barbara C.	Shuckra		
Mr.Mrs. John	Flynn, Jr.	Brass City Memorial Unit	MCLA	Rev. Raymond	Smialowski		
Ms. Joan	Gauthier	Ms. Evelyn	Boucher	Mr.Mrs. Terence	Smith		
Mr.Mrs. Paul	Garber	Mrs. Jean M.	Brickey	Ms. Patricia	Sobocinski		
Mrs. Gisele	Guillette	Mrs. Nancy	Carmody	Mr.Mrs. Joseph	Solan		
Mr.Mrs. Philip	Gribbin	Deacon & Mrs. John	Charles	Mr.Mrs. Hugh J.	St. Leger		
Rev. Jeffrey	Gubbiotti	Ms. Cecile	Charpentier	Mr.Mrs. Gary	Steck		
Ms. Sandra K.	Hague	Mrs. RINETTE	Cyr	Mr.Mrs. Henry	Stefanczyk		

E-mail List

If you have an e-mail address and would like to be placed on the e-mail list for Carolyn's Place updates and our E Newsletter please fill out the information below and mail it to us or e-mail us at staff@carolynsplace.net with a subject heading: e-mail list.

Name:

E-mail Address:

Thank You!

Carolyn's Place, Inc
Pregnancy Care Center

137 Grandview Avenue
Waterbury, CT 06708

(203) 597-9050

Web Site: www.carolynsplace.net

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RETURN SERVICES REQUESTED

Mark your Calendar for
Carolyn's Place Pregnancy Care Center
19th Annual Dinner
Sunday, November 6, 2011